

Too often people with disabilities experience challenges related to trauma, housing, relationships, health care, transportation, employment and other important life areas. DART believes that people have strengths and resources within themselves to empower, heal, and lead productive lives. People with disabilities are at higher risk for abuse. Service options can be confusing. DART advocates provide peer- based advocacy to navigate those complex systems. DART offers encouragement, it recognize life lessons learned from disability, trauma, and loss.

Contact DART:

Jill T., Contact

Confidential Office Voice Mail:
(503) 988-6481

Email Us:
project_dart@aol.com

Address:
Gateway Center
10305 E. Burnside St
Portland, Or 97216

DART advocates provide services in a variety of communication methods to meet the needs of consumers: in- person, telephone, and email.



WHO TO CALL

AGING DISABILITY HELPLINE

[24 HOURS] 503-988-3646
TTY 503-988-3683

PORTLANDS WOMEN'S HOTLINE

503-235-5333
TTY 503-419-4357

TRI-MET LIFT 503-802-8000

TTY 503-802-8058

RADIO CAB 503-227-1212

TTY 800-735-2900

NON-EMERGENCY [24 HOURS]

POLICE & FIRE 503-823-3333

Information Line 503.823.4636

DOMESTIC VIOLENCE SHELTERS

WEST WOMEN'S 503-224-7718

RAPHAEL HOUSE 503-222-6222

LEGAL Aid Services of Oregon 503-224-4086

RESOURCES

ARC OF MULTNOMAH 503-223-7279

TTY 800-735-1232

CENTERS FOR INDEPENDENT LIVING:

Portland Metro (ILR) 503-232-7411

TTY 503-232-8408

Eugene/Lane (LILA) 541-607-7020

CENTERS FOR INDEPENDENT LIVING

ILR <http://www.ilr.org>

LILA <http://www.lilaoregon.org/>

Abilitree <http://www.abilitree.org/>

EOCIL <http://www.eocil.org/>

HASL <http://www.haslonline.org/>

UVDN <http://www.uvdn.org/>

OREGON SAFE-NET [24

HOURS]

800-723-3638

TTY 800-735-2900

NATIONAL DOMESTIC VIOLENCE HOTLINE

Voice 800-799-7233

Live Chat thehotline.org

SEXUAL ASSAULT HOTLINE 800-656-4673

SUICIDE PREVENTION LIFELINE 800-273-TALK(8255)

NATIONAL 800-716-9769

OREGON 503-988-4888



DART is a group of advocates and volunteers with disabilities who provide advocacy to people with disabilities in the Portland Metropolitan area. DART is located at the Gateway Center for Domestic violence



DART is funded by a grant from the Victims of Crime Act (VOCA) #:VOCA/CEA-2015-HASL-00062. It is a project of HASL Center for Independent Living



Are you a person with a Disability?

Have you experienced mistreatment of any kind - emotional, physical, financial, sexual, and/or by a care provider?

Are you dealing with trauma or other life challenges?

DART - Disability Awareness Resource Team – provides services such as:

- Information, Referral, and Advocacy
- Peer Counseling and Support
- Healing Pathways, Healing through the Arts and Homeless Groups
- Safety Planning & Education
- Resources on Managing Caregiver Relationships and Dealing with Abuse from Caregivers
- Referrals to the SSI/SSD Process
- Volunteer Opportunities

DART does not provide legal advice

Who are DART Advocates and Volunteers?

DART advocates have experience in advocacy for people with disabilities dealing with criminal justice and social service systems. They have knowledge about supporting people to empower themselves in managing abuse, trauma, and life challenges, they can also assist with abuse from caregivers. They have expertise in abuse and safety, mental health self-care, and crime awareness for people with disabilities.

DART volunteers provide advocacy, outreach and office support.

Advocates

Jill T.-Lead Advocate
Jan C.-Advocate and Group Facilitator
Sue W.-Volunteer Coordinator, Advocate and Group Facilitator
Patricia A.-Grants and Contract Administrator
Roxie M.-Volunteer Advocate and Online Support
Dena H.- Volunteer Nurse Practitioner

DART was founded by Lizzi McNeff

No one with a disability deserves to be hurt. DART believes everyone has the right to:

- be safe
- take care of themselves
- access safe places and people in their lives
- avoid situations and people that aren't safe to be around
- lead a healthy life free of trauma, abuse, and fear
- say “No!”

Online DART Resources:

DART Website

<http://projectdartpdx.org/>

See Us on Facebook:

<http://www.facebook.com/group.php?gid=124500377595105>

If you have been abused or are worried about being abused, talk with someone. Keeping abuse a secret does not help anyone.