

Want to Volunteer?

DART volunteers provide advocacy, outreach, office support and assist with peer groups. DART advocates:

- ✓ Have knowledge about supporting people to empower themselves in managing abuse, trauma, and life challenges
- ✓ Have expertise in abuse and safety, mental health self-care, and crime awareness for people with disabilities.

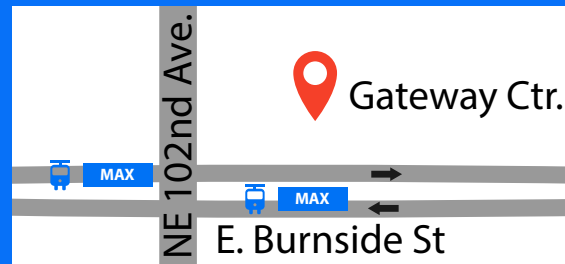
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In accordance with Federal law and U.S. Department of Justice policy, this organization is prohibited from discriminating on the basis of race, color, national origin, disability, religion, sex, or age.



DART was founded by Lizzi McNeff

Disability Awareness Resource Team (DART)



Gateway Center (yellow building)
10305 E. Burnside St.



503.988.6481 (Confidential)



dartcounseling1@outlook.com



projectdartpdx.org



Are you a person with a disability who has been mistreated?

DART is a group of advocates and volunteers with disabilities who provide advocacy to people with disabilities in the Portland Metro area.



You deserve to be safe. You have rights.

No one with a disability deserves to be hurt. DART believes you have the right to:

- Be safe
- Take care of yourself
- Access safe places and people in your lives
- Avoid situations and people that aren't safe to be around
- Lead a healthy life free of trauma, abuse, and fear
- Practice self care
- Say "No"

How we help

People with disabilities are at higher risk for emotional, physical, financial, and sexual abuse. Service options can be confusing. DART advocates provide peer-based advocacy to navigate those complex systems. DART offers encouragement, it recognize life lessons learned from disability, trauma, and loss.



Information and referral



Advocacy



Peer support/active listening



Safety planning



Referrals to SSI/SSD



Volunteer opportunities



Does NOT provide legal advice or case management

Local 24/7 Resources

- Aging and Disability Resource Connection (ADRC): 503.988.3646
- Call to Safety: 888.235.5333
- Multnomah County Mental Health Call Center: 503-988-4888

711 Telecommunications Relay Service

"[DART] helped me with my self-esteem and realizing my self-worth."



Difficult roads lead to beautiful destinations.